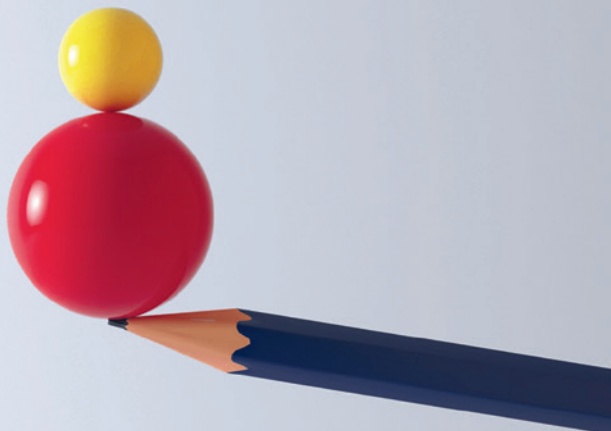


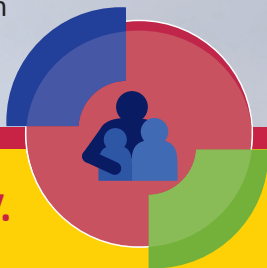
# good consultation – good start

**Consultation and support  
regarding occupational (re-)entry**

**So that the balancing act succeeds**  
family – work – leisure – qualification



- for women, parents and single parents
- free of charge and independent
- if required, with childcare
- consultation in German & English



**Mütterzentrum Vahr e.V.**

Phone 0421-467 38 59

[frauenberatung@muetterzentrum-vahr.de](mailto:frauenberatung@muetterzentrum-vahr.de)

[www.muetterzentrum-vahr.de](http://www.muetterzentrum-vahr.de)

# We advice, inform and support you in all matters of occupational (re-)entry:

- You are looking for possibilities for a new occupational entry after parental leave/family time?
- You do not yet know, what your career path could look like? And how to reconcile work and family?
- You have questions about further educational qualification or employment opportunities? Or want to have your educational and vocational qualifications recognized?
- You want professional support in finding a job and have questions to your job-application documents?
- You need assistance in dealing with government agencies?

**Then here is the right place for you!**

**Our free consultation services can be found at:**

## **Mütterzentrum Vahr e.V.**

In der Vahr 75, 28329 Bremen

(behind the primary school „Grundschule In der Vahr“)

Monday to Friday

## **QBZ Quartiersbildungszentrum Blockdiek**

Düsseldorfer Straße 2 A, 28327 Bremen

Tuesdays from 9am – 12pm

## **Bürgerhaus Hemelingen**

Godehardstraße 4, 28309 Bremen

Wednesdays from 9am – 12pm

## **Familien- und Quartierszentrum Neue Vahr Nord**

August-Bebel-Allee 284, 28329 Bremen

Thursdays from 9am – 10:30am

**Arrange an appointment with us on Phone: 0421-467 38 59**

We do advice that you make an appointment on phone to avoid waiting times and for us to be able to provide childcare.

This labor market-oriented project is funded by:

Die Senatorin für Wirtschaft,  
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Freie  
Hansestadt  
Bremen



EUROPÄISCHE UNION  
Investition in unsere Zukunft  
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